



KONFUZIUS-INSTITUT LEIPZIG

莱比锡孔子学院

Der Ort für chinesische Sprache und Kultur

SINOLOGISCHE VORTRAGSREIHE:
Freunde aus der Ferne

Eintritt frei

MO, 27. Mai 2019, 18.00 Uhr

Disappearance of Calmness and Insight



Prof. Dr. Mario Poceski (University of Florida)

The lecture explores major Chinese transformations of the classical paradigm of Buddhist meditation, which incorporates two distinctive approaches to contemplative practice: (1) calmness (S: śamatha; C: zhi 止), and (2) insight (S: vipaśyanā; C: guan 觀). It covers the transmission of meditation techniques in early medieval China, the pairing of the two approaches in the writing of Zhiyi 智顓 (538–597) and his Tiantai School 天台, and the eventual disappearance of calmness and insight from the vocabulary of Chinese Buddhism during the Song 宋 era (960–1279).

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